



“Prajna SRE”
JET Australia Foundation

Module – 1

Towards Excellence

Prajna
SRE



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‘Prajna’ - Special Religious Education (SRE)

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Prajna SRE:

Prajna - Special Religious Education (SRE) course content is prepared from a set of structured curriculum and delivered by an authorised trained teacher(s) supported by JET Australia Foundation.

The material includes text books, student activity work books, teacher’s manual detailing about teaching aids. Each text book is age and module appropriate and designed to meet the needs of children.

During the lesson, teaching and learning activities are designed to help engage each child with the Culture and Values of Indian Vedic wisdom.

Prajna SRE concentrates in the following areas:

- understand culture and heritage
- practicing the customs with right meaning and importance
- helps to learn meaningful prayers for inner strength
- helps to learn right moral values
- supports for public speaking, leadership skills, and management skills
- knowledge for service to society
- respect others and care for nature
- healthy living through Yoga and Meditation
- Sanskrit hymns (slokas) for showing gratitude to Nature and God, removing hindrances, excelling in studies, improving memory skills, improving health



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Prajna SRE Syllabus

‘Prajna’ program enables the child ability to know the correct knowledge and put the learned knowledge into practice. Prajna SRE syllabus is distributed into 40 classes in four terms. These lessons consists of discussion of the topic, practice memory verse and festival stories. These classes helps the students to understand the importance of nature, teachers, knowledge, and helps them to show their gratitude towards them and practice the good habits in the daily life.

Module 1 – Year 1 & 2

Week Number	Lesson Description (30 minutes each session)
Term -1	
1.1	Gratitude towards all teachers
1.2	Gratitude towards all sages
1.3	Power around us
1.4	Teachers in our life
1.5	Joy and Energy
1.6	Self-empowerment
1.7	Power of Tolerance
1.8	Festival of Nature (Ugadi)
1.9	Energy from Rivers
1.10	An Ideal Human (Sri Rama)
Term -2	
2.1	Clean, strong and healthy body
2.2	Natures light – Sun
2.3	Natures Energy – Sun
2.4	Invoke inner strength
2.5	Love for All
2.6	Books are our friends
2.7	Healthy Habits – Drinking
2.8	Healthy Habits – Eating
2.9	Healthy Habits – Playing
2.10	Teachers Day (Guru Purnima)
Term -3	
3.1	Joyful Knowledge
3.2	Sweet Speaking
3.3	Festival of Knowledge (Sravana Purnima)
3.4	Festival of Happiness (Sri Jayanthi)
3.5	Face the Challenges (Vighna Nivaraka Chaturthi)



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Week Number	Lesson Description (30 minutes each session)
3.6	Successful Work
3.7	Remove Obstacles
3.8	Happy Journey
3.9	Secured Journey
3.10	Festival of Victory (Vijaya Dasami)
Term -4	
4.1	Sound Sleep
4.2	Successful Completion
4.3	Festival of Lights (Deepavali)
4.4	Sri Rama Sloka
4.5	Sri Krushna Sloka
4.6	Sri Mahalakshmi Sloka
4.7	Hanuman Sloka
4.8	Group Singing (Bhajan)
4.9	Festival of Wellbeing (Dhanurmasam)
4.10	Little Champions



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Prajna SRE Teachers Manual, Scope and Sequence

General instructions during the class:

Prajna SRE class is for 30 minutes.

- First 2 minutes, welcome the children and help them to occupy their seats
- Teacher will lead the prayer for a minute
- Children will practice to put their palms together and pay their respects
- After prayer, teacher can interact with the children about their previous class lesson and make them comfortable to recall their activities related to the lesson
- Use preparatory notes to initiate the discussion

Lesson 1.1: Gratitude towards all teachers

Preparatory Notes / Teaching Tips:

- Discuss about all the activities children do with the help of parents as well their own. (Eg: brushing teeth, taking shower, wearing clothes, eating, talking, playing)
- Ask about how did they learn all those activities
- Discuss about pet animals they have and identify what do they teach (eg: love, honesty)
- Discuss about friends and how they help in their daily activities (sharing, helping)
- Discuss about neighbours and how they help each other
- Discuss who is the first teacher in the life of every child

Activity:

- Learning Vedic gesture of Greeting – Namasthe. Join two palms and position them at heart.
- Explain the significance of the gesture (respect offered from the bottom of the heart).
- Discuss greeting gestures from different cultures
- Colouring – Mother and Child



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Key words

- Respect, teacher, greeting gesture

Lesson Aim: To help students to appreciate all teachers in our life

Learning Outcome: The students will

- learn about importance of mother and father, the first teachers
- understand the teacher’s role in our life
- understand importance of learning good values from everyone in the society, like, friends, neighbours, pets, nature

Memory Practice Verse: S1

Lesson 1.2: Gratitude towards all sages

Preparatory Notes / Teaching Tips:

- Discuss about the importance of the knowledge we get from our elders as a lineage
- Discuss about the lineage of the families
- Discuss the traditions followed in every family as learnt from their elders

Activity:

- Collect pictures of people, animals and plants to make a chart
- List a good point from each picture the child can learn
- List the leaders of the country

Keywords:

- Lineage, Knowledge, Share

Lesson Aim: To help students to appreciate the sages and elders for giving the good knowledge

Learning Outcome: The students will

- learn about the vedic scientists (sages) and elders; the knowledge given by them to the community; helping and sharing

Memory Practice Verse: S2



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Lesson 1.3: Power around us

Preparatory Notes / Teaching Tips:

- Discuss the qualities of Nature (fruits, flowers, leaves, wind, seasons etc)
- Discuss about the power around us and its effects (solar, wind, water etc)
- Discuss the cause behind this power, called God

Activity:

- Meditate and repeat “Sri Rama” for 10 times and feel the good vibes around us
- Power in air, water, earth, sky and fire

Lesson Aim: To help students to appreciate the divine power around us and how that power helping us every day

Learning Outcome: The students will

- learn about how the nature helps us in daily life
- learn the importance of senses (touch, smell, see, taste, listen) and how they are powered around us

Memory Practice Verse: S3

Lesson 1.4: Teachers in our life

Preparatory Notes / Teaching Tips:

- Discuss the steps involved in creating, protecting and recycling anything
- Discuss the importance of the people involved in these three activities

Activity:

- Create a bridge using pop sticks, support it with protection and re assemble it back to its pack. Identify different stages of the processes

Lesson Aim: To help students to appreciate the divinity in creation, sustenance and re-cycling,



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Learning Outcome: The students will learn the primary power behind the creation and how it should be respected

- Understand to respect the inner and outer power in every being

Memory Practice Verse: S4

Lesson 1.5: Joy and Energy

Preparatory Notes / Teaching Tips:

- Discuss how to start a day
- Discuss what will happen if the day begins with joy and happiness
- Discuss how the children get up from the bed daily (alarm, parents help etc)

Activity:

- Awake up with a ‘smile’ and chant the memory verse.
- Chant “Sri Rama” in a musical note and experience the tranquillity

Lesson Aim: To help students in understanding the power of wakeup prayer, which keeps their mind in a joyous and energetic mood, whole day

Learning Outcome: The students will

- learn three names to chant in the morning and keep themselves energetic
- impact of conditioned mind in daily activities
- learn the importance of being joyous in performing the daily activities happily

Memory Practice Verse: S5

Lesson 1.6: Self-empowerment

Preparatory Notes / Teaching Tips:

- Discuss the importance of every limb in the body
- Discuss the ability of each limb in the daily life and use it properly



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- Idea to feel the inner strength in each limb and gain the strength to perform the duties correctly

Activity:

- Draw image of hands and write 5 important activities child do with hands

Lesson Aim: To understand the greatness of limbs in the body and the presence of power behind these limbs

Learning Outcome: The students will

- learn how good actions lead to successful deeds
- idea behind working of each limb and its functionalities
- understand the ability of all the limbs through hands

Memory Practice Verse: S6

1.7 Power of Tolerance

Preparatory Notes / Teaching Tips:

- Discuss the importance of Earth and how the earth is shared by all other creatures
- Discuss the tolerance of the Earth though Earth is loaded heavily
- Discuss different activities of humans spoiling the environment

Activity:

- Hold a water bottle for a while and observe the pain

Lesson Aim: To understand the power of earth and gain the good quality of ‘tolerance’

Learning Outcome: The students will

- learn the greatness of earth
- learn the power of tolerance
- learn how to save earth

Memory Practice Verse: S7



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1.8 Festival of Nature (Ugadi)

Preparatory Notes / Teaching Tips:

- Discuss about seasons and changes in the nature
- New years in different cultures
- The new year festival and link with the nature, Ugadi

Activity:

- Draw seasons and identify which season is most beautiful

Lesson Aim: To understand the nature and its beauty

Learning Outcome: The students will

- learn the importance of a new year
- learn the relation of the nature and new year
- different tastes in the nature and relate to our life

Memory Practice Verse: -NA-

1.9 Energy from Rivers

Preparatory Notes / Teaching Tips:

- Discuss the importance of water in our life
- How water is used by different creatures, plants and flora fauna
- Discuss the sources of water pollution and how to stop polluting water
- Origins of different rivers
- Qualities of the rivers (purity, flow, force, irrigation, slope, etc.)

Activity:

- Pictures of different water sources around us (lake, river, ocean, ground water, rain)

Lesson Aim: To learn the importance of the rivers and its use in our daily life

Learning Outcome: The students will

- learn different rivers in the country



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- learn the qualities of the rivers
- learn the importance of the rivers and how to protect the rivers without polluting them
- the divinity in the river waters which gives the energy

Memory Practice Verse: S8

1.10 An Ideal Human (Sri Rama)

Preparatory Notes / Teaching Tips:

- Discuss about, how man is different from other creatures
- Discuss good qualities of humans
- Discuss great humans who lived as ‘real humans’
- Discuss how humans should respect other creatures and live with harmony

Activity:

- Colour picture of Sri Rama

Lesson Aim: To understand good behaviour and good qualities of great people

Learning Outcome: The students will

- learn the different qualities of great people
- learn how to remove bad qualities
- learn to help everyone without any expectation
- learn to live with other creatures with harmony

Memory Practice Verse: -NA-

2.1 Clean, strong and healthy body

Preparatory Notes / Teaching Tips:

- Discuss why the face is index of the mind
- Discuss how to know if someone is very happy
- Discuss why to decorate a home



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- Discuss why to be beautiful
- What different methods, items are required to be beautiful
- Discuss how healthy, clean and strong body looks beautiful

Activity:

- Draw a picture with a happy face and sad face.

Lesson Aim: To appreciate the beauty of the body and the power inside the body.

Learning Outcome: The students will

- Understand the power inside the body and the power of different limbs
- Understand the importance of decorating the body and keep it clean

Memory Practice Verse: S9

2.2 Natures light – Sun

Preparatory Notes / Teaching Tips:

- Discuss the importance of light in our life
- Discuss the different sources of lighting
- Discuss the importance of Sun in daily life

Activity:

- Draw picture of Sun

Lesson Aim: To understand the importance of Sun and the power in it

Learning Outcome: The students will

- learn different sources of light
- learn the importance of Sun
- learn the advantages of Sun rays

Memory Practice Verse: S10



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2.3 Natures Energy – Sun

Preparatory Notes / Teaching Tips:

- Discuss different stars and other planets revolving around Sun
- How we can utilise the energy of Sun properly
- Discuss about the importance of Sun in our life

Activity:

- Draw three stages of Sun (morning, afternoon and evening)

Lesson Aim: To understand the Sun as the natures energy

Learning Outcome: The students will

- learn the importance of real energy in the nature
- learn how to keep the body, mind and soul in tune with Sun’s energy

Memory Practice Verse: S11

2.4 Invoke inner strength

Preparatory Notes / Teaching Tips:

- Discuss how different animals wakeup
- Discuss how to wakeup happily and peacefully
- Discuss how to rejuvenate our strength

Activity:

- Chant the sloka
- Breathing exercise (inhale/exhale slowly, feeling calm and strong)

Lesson Aim: To help children recognise and draw on their inner strength for peace and happiness.

Learning Outcome: The students will



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- Learn how to start the day happily and peacefully.
- Understand that strength comes from within.
- Practice simple methods to rejuvenate energy.

Memory Practice Verse: S12

2.5 Love for All

Preparatory Notes / Teaching Tips:

- Discuss about the importance of sharing joy with others (use tree example)
- Discuss the importance of prayers using lamps
- Discuss how to get rid of bad qualities

Activity:

- Draw picture of tree with plenty of fruits
- Light a lamp and talk about sharing light and prayers.

Lesson Aim: To Nurture love, compassion, and the joy of sharing with everyone.

Learning Outcome: The students will

- Understand the value of sharing joy and kindness.
- Learn the importance of prayer.
- Recognise qualities that remove selfishness and negativity.

Memory Practice Verse: S4

2.6 Books are our friends

Preparatory Notes / Teaching Tips:

- Discuss the importance of books in our life
- Discuss how to respect books and the knowledge in it
- Discuss how a books are protected in olden days



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Activity:

- Show different books, ask children how they use them.
- Demonstrate how to treat books with respect (not stepping on them, keeping them clean).

Lesson Aim: To develop respect for books as sources of knowledge and wisdom.

Learning Outcome: The students will

- Value books as lifelong friends.
- Learn how books were preserved in olden times.
- Practice respect towards books and knowledge.

Memory Practice Verse: S14

2.7 Healthy Habits – Drinking

Preparatory Notes / Teaching Tips:

- Discuss the good habits
- Discuss the importance of drinking water
- Discuss the power of pure and clean water

Activity:

- Show clean vs. dirty water and ask children which they would drink.
- Encourage each child to drink a glass of water mindfully

Lesson Aim: To emphasise the importance of drinking pure, clean water daily and conservation of water.

Learning Outcome: The students will

- Understand why water is essential for health.
- Develop the habit of drinking water regularly.
- Appreciate the value of purity in what we consume



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Memory Practice Verse: S15

2.8 Healthy Habits – Eating

Preparatory Notes / Teaching Tips:

- Discuss the process of digestion
- Discuss why we feel heat when we feel hungry
- Discuss about 4 types of foods (lick, eat, sip and crunch)

Activity:

- Prepare a chart with healthy food and junk food
- Ask children to place pictures/names of food items in the right category.

Lesson Aim: To encourage mindful eating and awareness of healthy food choices.

Learning Outcome: The students will

- Learn about different types of foods and digestion.
- Recognise the effects of healthy vs. unhealthy food.
- Begin to make better food choices.

Memory Practice Verse: S16

2.9 Healthy Habits – Playing

Preparatory Notes / Teaching Tips:

- Discuss how the good habits helps us to be good in the society
- Discuss how much to eat, play, entertain, sleep
- Discuss what happens if we don't follow correct rules of eating, playing, entertainment and sleeping

Activity:

- Group discussion: “What happens if we only eat/play/sleep all day?”
- Create a balanced day timetable with eating, playing, studying, resting.



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Lesson Aim: To teach balance in daily habits for healthy living.

Learning Outcome: The students will

- Learn the importance of balance in eating, playing, entertainment, and sleep.
- Understand consequences of unhealthy habits.
- Practice planning a balanced daily routine.

Memory Practice Verse: S17

2.10 Teachers Day (Guru Purnima)

Preparatory Notes / Teaching Tips:

- Discuss the festivals on Full Moon day
- Discuss the importance of Moon and how it gets the light
- Discuss how the energy from Sun is passed to Moon

Activity:

- Draw/Colour Pictures of Sun and Moon and Earth
- Tell a short story about Guru's role in giving knowledge like the Moon receives light.

Lesson Aim: To honour teachers and understand their guiding role, like the Moon reflecting the Sun's light.

Learning Outcome: The students will

- Learn the significance of Guru Purnima.
- Appreciate the role of teachers in life
- Relate natural phenomena (Sun–Moon) to spiritual learning.

Memory Practice Verse: -NA-

3.1 Joyful Knowledge

Preparatory Notes / Teaching Tips:



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- Discuss the knowledge and joy in the life
- Discuss Horse knowledge of memory, power and speed

Activity:

- processes

Lesson Aim: To

Learning Outcome: The students will

- learn

Memory Practice Verse: S18

3.2 Sweet Speaking

Preparatory Notes / Teaching Tips:

- Discuss the importance of Speech
- Discuss how to make everyone happy with our speech
- Discuss the right way of speaking

Activity:

- Role play: saying the same thing in rude vs. sweet way
- Practice greeting each other kindly

Lesson Aim: To teach the power of kind and positive speech.

Learning Outcome: The students will

- Recognise that words affect others.
- Learn to speak in a way that spreads joy.
- Practice polite and sweet speech.

Memory Practice Verse: S19



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3.3 Festival of Knowledge (Sravana Purnima)

Preparatory Notes / Teaching Tips:

- Discuss the bondage between siblings
- Discuss the importance of good knowledge

Activity:

- Paint a Horse
- Celebrate knowledge and family bonds.

Lesson Aim: To

Learning Outcome: The students will

- Appreciate love between siblings.
- Value knowledge as a bond that unites.
- Celebrate traditions meaningfully.

Memory Practice Verse: -NA-

3.4 Festival of Happiness (Sri Jayanthi)

Preparatory Notes / Teaching Tips:

- Discuss how to make everyone happy
- Discuss good qualities of people who make everyone happy

Activity:

- Tell them Krishna Janma story

Lesson Aim: To

Learning Outcome: The students will

- Learn that good character makes others happy.
- Understand importance of spreading joy.



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Memory Practice Verse: -NA-

3.5 Face the Challenges (Vighna Nivaraka Chaturthi)

Preparatory Notes / Teaching Tips:

- Discuss how we get obstacles in our daily work
- Discuss how to get strength to overcome the hurdles
- Discuss about the goals of the students and how to reach the goal

Activity:

- Draw steps to reach a goal. Possible obstacles can be caused by external factors and how to overcome to reach the goal

Lesson Aim: To Inspire strength to overcome obstacles.

Learning Outcome: The students will

- Identify hurdles in daily life.
- Learn ways to overcome them.
- Set and work towards goals.

Memory Practice Verse: -NA-

3.6 Successful Work

Preparatory Notes / Teaching Tips:

- Discuss how to get help from experts to get success
- Discuss examples of successful people around us
- Discuss how an expert resolves the hurdles and enjoy the success

Activity:

- Peel skin of banana and eat: Discuss the hurdle and resolving the hurdle

Lesson Aim: To show that effort and guidance lead to success.



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Learning Outcome: The students will

- Understand the role of experts in success.
- Learn that problems can be solved step by step.
- Value patience and persistence.

Memory Practice Verse: S20

3.7 Remove Obstacles

Preparatory Notes / Teaching Tips:

- Discuss how we get obstacles in our daily work
- Discuss how to get strength to overcome the hurdles
- Discuss about the goals of the students and how to reach the goal

Activity:

- Discuss how teamwork removes hurdles.

Lesson Aim: To build courage to face and remove obstacles

Learning Outcome: The students will

- Recognise obstacles as part of life.
- Learn to use strength and support to overcome.
- Gain confidence to move towards goals.

Memory Practice Verse: S21

3.8 Happy Journey

Preparatory Notes / Teaching Tips:

- Discuss about how to have a safe journey
- Discuss about the qualities required for a comfortable journey

Activity:



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- Packing activity: What do you take on a safe trip?
- What qualities we need to pack for a happy life journey

Lesson Aim: To understand the importance of a safe and comfortable journey

Learning Outcome: The students will

- Learn importance of planning and safety.
- Value discipline during travel.

Memory Practice Verse: S22

3.9 Secured Journey

Preparatory Notes / Teaching Tips:

- Discuss different accidents happened in water, air, forest and road
- Discuss the cause behind these accidents
- Discuss the power to have a secured journey

Activity:

- Build awareness of safety in all journeys.

Lesson Aim: To build awareness of safety in all journeys.

Learning Outcome: The students will

- Understand safety precautions.
- Value mindfulness during travel.

Memory Practice Verse: S23

3.10 Festival of Victory (Vijaya Dasami)

Preparatory Notes / Teaching Tips:

- Discuss Rama's Story
- Discuss Navaratri



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Activity:

- Draw bow and arrow.
- Color Navaratri festival drawings

Lesson Aim: To celebrate victory of good over evil.

Learning Outcome: The students will

- Learn importance of righteousness.
- Value hard work in achieving victory.
- Celebrate festivals with understanding.

Memory Practice Verse: -NA-

4.1 Sound Sleep

Preparatory Notes / Teaching Tips:

- Discuss about dreams
- Discuss and relate the food and its relation to sleep and dreams
- Discuss Dos and Donts for a good Sleep

Activity:

- Breathing/relaxation exercise.

Lesson Aim: To teach healthy sleep habits.

Learning Outcome: The students will

- Learn link between food, screen time and sleep
- Understand do's and don'ts before sleeping.
- Prayer before sleeping for good health

Memory Practice Verse: S24



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42 Successful Completion

Preparatory Notes / Teaching Tips:

- Discuss the impact of completing a job with love instead of fear
- Discuss how to get reward without commanding

Activity:

- Do a small task (drawing, folding) with joy.
- Compare doing with love vs. fear.

Lesson Aim: To highlight value of completing tasks with love.

Learning Outcome: The students will

- Learn rewards come through effort, not force.
- Develop responsibility.

Memory Practice Verse: S25

4.3 Festival of Lights (Deepavali)

Preparatory Notes / Teaching Tips:

- Discuss Diwali festival story of Naraka:sura
- Discuss how Diwali is celebrated in different parts of the world

Activity:

- Light lamps or colour diya pictures.

Lesson Aim: To understand light's power to remove darkness.

Learning Outcome: The students will

- Learn cultural meaning of Deepavali & celebrations
- Value light as a symbol of knowledge.

Memory Practice Verse: S4



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4.4 Sri Rama Sloka

Preparatory Notes / Teaching Tips:

- Discuss Sri Rama as an example for all human beings

Activity:

- Recite sloka with meaning.
- Color Rama

Lesson Aim: To learn and practice Sri Rama sloka.

Learning Outcome: The students will

- Learn about Rama and meditate upon him
- Have righteous qualities in life

Memory Practice Verse: S4

4.5 Sri Krushna Sloka

Preparatory Notes / Teaching Tips:

- Discuss meaning of sloka
- Describe Krishnas beauty

Activity:

Story of Krishna's playfulness.

Lesson Aim: To Krishna sloka with devotion.

Learning Outcome: The students will

- Memorise the sloka.
- Understand Krishna's qualities.
- Experience joy in chanting.



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Memory Practice Verse: S4

4.6 Sri Mahalakshmi Sloka

Preparatory Notes / Teaching Tips:

- Discuss how wealth & health is important in life
- Discuss knowledge in acquiring and spending the wealth responsibly
- Discuss the grace of Sri Maha Laskhmi as Divine mother

Activity:

- Learn the sloka

Lesson Aim: To understand the importance of wealth and earning it in rightful way

Learning Outcome: The students will

- Understand goddess of wealth and purity.
- Practice respect and gratitude for the good things they have in life

Memory Practice Verse: S4

4.7 Hanuman Sloka

Preparatory Notes / Teaching Tips:

- Discuss Hanuman’s qualities: strength, devotion, humility, service
- Share a short story of Hanuman (e.g., carrying the Sanjeevani mountain).
- Encourage children to be fearless and helpful like Hanuman.

Activity:

- Recite Hanuman sloka together.
- Colour/draw Hanuman.

Lesson Aim: To inspire courage and devotion through Hanuman sloka.



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Learning Outcome: The students will

- Memorise the sloka.
- Learn qualities of Hanuman (bravery, service, devotion).
- Gain confidence through chanting

Memory Practice Verse: S4

4.8 Group Singing (Bhajan)

Preparatory Notes / Teaching Tips:

- Explain the meaning of bhajans (devotional group songs).
- Emphasise joy of singing together – unity in rhythm.
- Encourage children to clap/tap to keep beat.

Activity:

- Teach and sing **Hari Narayana Bhajan** as a group.
- Add claps or simple beats to make it fun.

Lesson Aim: To build devotion, joy, and unity through singing bhajans.

Learning Outcome: The students will

- Learn the bhajan.
- Experience joy in group singing.
- Understand the power of music in devotion.

Memory Practice Verse: = Hari Narayana Bhajan =

4.9 Well being festival (Dhanurmasam)

Preparatory Notes / Teaching Tips:

- Introduce Andal and her devotion to Lord Krishna.
- Explain why people wake up early and sing Tiruppavai in this month.
- Talk about discipline, devotion, and wellbeing connected to this festival.



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Activity:

- Storytelling of Andal’s devotion
- Colour a simple kolam (rangoli) pattern.

Lesson Aim: To teach importance of devotion, discipline, and early morning prayer during Dhanurmasam.

Learning Outcome: The students will

- learn about Andal and the festival.
- Value discipline and wellbeing in spiritual life.
- Connect prayer with health and happiness.

Memory Practice Verse: S4

4.10 Little Champions

Preparatory Notes / Teaching Tips:

- Discuss Pandavas and Kauravas characters
- Discuss why Arjuna and Dhruva are little heroes
- Emphasise that children too can be “little champions” by living these values.

Activity:

- Fun quiz, talent showcase, or memory game.
- Encourage children to share one quality they want to practise (e.g., honesty, courage, kindness).

Lesson Aim: To celebrate the children’s learning journey and achievements.

Learning Outcome: The students will

- Understand that good qualities and discipline define a true hero.
- Learn how to apply these values in their own lives to be good citizens and role models.



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- Feel recognised and motivated to continue learning.

Memory Practice Verse: S4



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Prajna SRE Scope and Sequence

Memory Practice Verses

= Towards Excellence – I =

Class room activity

= Towards Excellence – Work Book =

= Towards Excellence – Work Book – Stories =